



**UPPER IOWA**  
UNIVERSITY

# COURSE SYLLABUS

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## PSY 338 – WC Motivation

### Self-Paced Course – Web-Based Format Option

Session begins on the 1<sup>st</sup> day of enrollment month and ends on the last day of the 6<sup>th</sup> month.

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### Instructor Information

**Instructor Name:** Lisa Nason

**Email:** [nasonl@uiu.edu](mailto:nasonl@uiu.edu)

**Availability:** I check my school email every day and you can expect a response to an email within 24 hours, unless I'm out of the area due to an emergency. Email works well because you can list your questions and I can get back to you after referencing notes, if necessary.

If you don't have access to email but a friend or relative does, that's often a convenient way to be in touch and I'm happy to do this.

**Contact Information:** For questions, comments, or concerns please contact the Self-Paced Degree Program office:

Telephone: 563-425-5200 or 1-800-553-4150

E-mail: [selfpaced@uiu.edu](mailto:selfpaced@uiu.edu)

Address: Upper Iowa University, PO Box 1857, Fayette, IA 52142

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**Course Description:** A review of the major theories that attempt to explain motivated behavior from a physiological, cognitive, social, environmental, and/or learning point of view. Application of motivation theories to organizations, education, sports and daily life.

**Semester Credits:** 3 semester credits

**Prerequisites:** PSY 190

**Credit Hours:** As a requirement of HLC Accreditation, all UIU courses, regardless of meeting schedule or instructional mode, follow the Federal Credit Hour Definition. As such, each credit hour earned at UIU is equivalent to a minimum of 45 hours of student engagement.

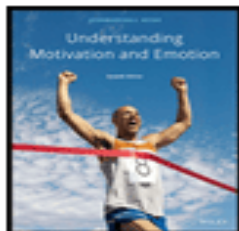
For more information on how specific instructional modes meet this requirement, please see *UIU's Policy Guidelines for Instructional Time Expectations*: [UIU Policies](#).

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### Course Materials

It is the student's responsibility to make sure she/he has access to all required course materials by the start of the session.

## Required Textbooks



### Understanding Motivation and Emotion

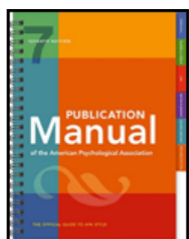
**Author:** Reeve, Johnmarshall    **Edition:** 7TH 18

**ISBN 13:** 978-1-119-36760-4

**ISBN 10:** 1-119-36760-3

**MBS Direct SKU #:** 1967010

**Publisher:** John Wiley & Sons, Inc.



REQUIRED

### Publication Manual of the American Psychological Association (Spiral) 7TH 20

**Author:**

American Psychological Association

**ISBN-13:**

978-1-4338-3217-8

**ISBN-10:**

1-4338-3217-8

**Edition/Copyright:**

7TH 20

**Publisher:**

American Psychological Association - APA

## Recommended Resources

UIU Writing Center

- Email: [writingcenter@uiu.edu](mailto:writingcenter@uiu.edu)
- Phone: (563) 425-5272

UIU Academic Success

- Email: [academicsuccess@uiu.edu](mailto:academicsuccess@uiu.edu)
- Phone: (563) 425-5264

## Ordering Textbooks

Purchase your textbook through the online university bookstore, [BNC Direct](#), or by phone at (800) 325-3252.

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## Course Objectives

1. Identify the major theories concerned with biological, social, evolutionary, cognitive, and emotional bases of motivation.
2. Distinguish between physiological, cognitive, and learning aspects of behavior.
3. Identify basic human behaviors and the role of motivation in them.
4. Analyze the motivational basis of behavior.

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## Program Student Learning Outcomes

Psychology

3. Program Outcome: Knowledge Base in Psychology

- SLO: Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology enabling them to better understand and apply psychological principles to personal, social, and organizational issues.

#### Human Services

4. Program Outcome: Awareness of Individual and Relationship Dynamics
  - SLO: Students will recognize, understand, and respect the complexity of relationships, including interacting professionally with individuals, families, and groups when working in the human services field.

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## Course Requirements and Grading Criteria

### Course Requirements

1. Review the **entire** course syllabus before beginning the course. Be sure you understand the course procedures and objectives. Procedures do change, so please review **ALL** forms even if this is not your first course. Your course status may be affected if policies are not followed.
2. Students who develop a regular time schedule and set goals for unit completion are most successful in completing courses within a specific timeframe.
3. We advise submitting **one unit at a time** rather than all of the units at once. The feedback you receive from the instructor is **critical** to your success on subsequent lessons. Instructors will only grade complete units. These comments allow you to improve and modify the next units if necessary. *Please note: No more than three assignments/units may be submitted in a one-week period.*
4. Assignments are submitted using uiuLearn. Please complete all assignments and modules in order.
5. If the information in your syllabus is not clear or if units are not graded within a reasonable period of time, please contact your instructor using uiuLearn's email tool, if that doesn't work contact the Self-Paced Program office. We would like the opportunity to address concerns, however, we may not know unless we hear from YOU!

### Course Requirement Descriptions and Expectations

The course consists of 4 units. All course materials will be available and all work should be turned in for grading. You should not go onto another Unit without completion of the prior unit. Even though you do not attend a regular classroom in the traditional sense and keep up with a set schedule of assignments, it is important to maintain a regular schedule, if possible, to complete all course work. It is too easy to set work aside and decide to do it later.

### Assignments:

#### Student Autobiography

Student Autobiography is the first assignment in Unit 1. This assignment is graded and worth 20 points. Since we may never have the opportunity to meet face to face, I would like to know a little bit about you. Please provide the following information and tell me about yourself (i.e. - your educational aspirations, employment, family, hobbies). Submit this autobiography along with your other assignments in 'Unit 1'.

### **Essay Questions:**

There are 32 essay questions, eight for each Unit (1-4). Each essay question is worth 15 points. Each question response should be a minimum of 3-4 paragraphs, or one page in length, typed and double spaced.

Please use Times, Times New Roman, or Courier font in 12 points. Plan to submit a minimum of 3-4 paragraphs, or one page in length (approximately 250 words) typed and double spaced.

### **RESEARCH PAPER**

Students will select a basic motivational system topic from the course textbook and write a research paper highlighting the major scientific findings related to motivation, and the primary theories of motivation associated with their topic. Acceptable topics include, but are not limited to:

- Hunger and Eating
- Love
- Sexual Behavior
- Arousal
- Attention
- Peak Performance
- Wakefulness and Alertness
- Sleep
- Dreams
- Alcohol Abuse
- Drug Addiction
- Aggression
- Anger

Each paper must be at least 5 full pages of content and include a title page and reference list formatted in APA style that are **not** counted in the 5-page requirement. The paper should be double spaced, using 12-point font, and 1-inch margins.

Each research paper **MUST include a minimum of 4 peer reviewed journal articles**. While you may use your textbook or notes as general information sources, you CANNOT count the course materials toward your minimum resource requirements. If you do use your course materials, these must also be cited properly and listed on your reference list. **NO websites, textbooks, or other outside sources are allowed.** You must find peer-reviewed, scientific studies associated with your chosen topic. Any paper not using the appropriate sources will automatically receive a score of zero for the paper.

### **Exams:**

#### **Midterm Examination:**

There is a Midterm Exam after Unit 2. The exam is open book and consists of 50 multiple choice questions. The Midterm Exam covers Chapters 1-8. You will have 90 minutes to complete each exam.

### **Final Examination:**

There is a Final Exam after Unit 4. The exam is open book and consists of 50 multiple choice questions. The Final Exam covers Chapters 9-17. You will have 90 minutes to complete each exam.

### **QUESTIONS & FEEDBACK**

You will receive your graded units through uiuLearn within approximately two weeks from the date you submit them. If there is a delay, please call Upper Iowa University. After receiving the graded unit, review and contact me immediately with any questions.

### **GRADING CRITERIA**

The course letter grade will be based on the following grading criteria.

Activity	Points
Student Autobiography	20
4 Unit Essay Questions (120 pts. Per Unit x 4 Units=480)	480
Research Paper (100 pts.)	100
Midterm Exam (50 items /Chs. 1-8 /2 pt. each=100)	100
Final Exam (50 items /Chs. 9-17 /2pt. each = 100)	100
<b>Total Points</b>	<b>800</b>

### **Grading Scale**

Letter Grade	Percent	Points
A	93-100%	744-800
A-	90-92%	720-743
B+	87-89%	696-719
B	83-86%	664-695
B-	80-82%	640-663
C+	77-79%	616-639
C	73-76%	584-615
C-	70-72%	560-583
D+	67-69%	536-559
D	63-66%	504-535
D-	60-62%	480-503
F	0-59%	0 – 479

### **Grades and Feedback**

This syllabus contains all assignments necessary for completing your self-paced course. Submit your completed assignments via uiuLearn.

If you need academic assistance with the course, please feel free to contact the Self-Paced Degree Program office.

To protect the integrity of the final assessment/exam, you only receive your final grade on the exam; you do not receive any feedback on the answers to the exam questions. The answers to the questions on the exam are not shared with students. Please remember to stay academically honest.

## Turnitin

Turnitin is a tool for both teachers and students to ensure academic integrity by checking the originality of submitted papers to avoid issues of plagiarism and academic dishonesty. Students should be aware that Turnitin scans submitted work and compares it to ALL other sources on file.

## Incompletes

Students will be allowed to request an extension and receive an 'I' (incomplete grade) at the end of their original six-month enrollment period if:

- A minimum of one assignment has been received for grading per guidelines **AND**
- All course units and exams are not completed and submitted **OR**
- A course withdrawal has not been initiated.

**Note:** The fee for a self-paced extension is \$99 per course. The request for an extension must be submitted no earlier than one month before the end of the course and no later than a week before the end of the course.

### Incomplete grade details

- When the extension is granted and an incomplete grade is issued, the student will receive a four-month enrollment period to complete the course.
- Students do not have the option to withdraw from a course after the initial six-month enrollment period.
- An 'I' grade posted to the student's official record will be replaced with a final letter grade; however, the incomplete will remain on the official transcript as a notation.
- If the course is not completed by the end of the incomplete period, the instructor will assign a final grade (A-F) based on work completed in relation to the total course requirements.
- If credit is not earned by the end of the extension period, students can reenroll and repeat the entire course for credit.

**Note:** Students are not reported as enrolled during the incomplete period and are not eligible for student loan deferment.

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## Course Schedule

Course units and exams should be completed in the order they are shown below. Completing units/exams out of sequence could result in a loss of points and a reduced grade.

The appropriate unit cover sheet must be included with your assignment.

Unit	Topics of Study	Activities	Assessments
<b>Unit 1</b>	<b>Chapter 1</b> Introduction  <b>Chapter 2</b> Motivation and Emotion in Historical Perspective  <b>Chapter 3</b> The Motivated and Emotional Brain  <b>Chapter 4</b> Physiological Needs	<b>Review your packet</b>  <b>Read:</b> About Your Instructor  <b>Chapter 1, 2, 3, and 4</b> Formulate a timeline for the course	<b>Unit 1:</b>  <b>Student Autobiography</b>  Essay Questions
<b>Unit 2</b>	<b>Chapter 5</b> Extrinsic Motivation and Internalization <b>Chapter 6</b> Psychological Needs  <b>Chapter 7</b> Implicit Motives  <b>Chapter 8</b> Goal Setting and Goal Striving	<b>Read</b> <b>Chapters 5, 6, 7, and 8</b> Review your timeline, confirm you are on schedule	<b>Unit 2</b> Essay Questions
<b>MIDTERM</b>	<b>Midterm Chapters 1-8</b>	<b>50 Multiple Choice Questions 2 pts. each</b>	
<b>Unit 3</b>	<b>Chapter 9</b> Mindsets  <b>Chapter 10</b> Personal Control Beliefs  <b>Chapter 11</b> The Self and Its Strivings  <b>Chapter 12</b> Nature of Emotions: Six Perennial Questions	<b>Read</b> <b>Chapters 9, 10, 11, 12</b>  Review your timeline, confirm you are on schedule	<b>Unit 3</b> Essay Questions <b>Research Paper</b>

Unit	Topics of Study	Activities	Assessments
<b>Unit 4</b>	<b>Chapter 13</b> Aspects of Emotion <b>Chapter 14</b> Individual Emotions  <b>Chapter 15</b> Growth Motivation and Positive Psychology  <b>Chapter 16</b> Unconscious Motivation  <b>Chapter 17</b> Interventions	<b>Read</b> <b>Chapter 13, 14, 15, 16, and 17</b>  Review your timeline, confirm you are on schedule	<b>Unit 4</b> Essay Questions
<b>FINAL</b>	<b>Final Exam</b> <b>Chapters 9-17</b>	<b>50 Multiple Choice Questions 2 pts. each</b>	

## Course Expectations

### Professional Writing and Speaking Guidelines

Communications in class and online should follow the Student Conduct and Discipline, Respect for the University Environment, and Code of Student Responsibility in the [Student Handbook](#) (pg. 20 and 21). Respect the opinions of others using appropriate language and communications.

## University Policies

### Withdrawal (W)

If a student decides to withdraw from a course before the end of an enrollment period, the student's charges, financial aid, tuition assistance, and/or veteran benefits could be affected. All students should consult with the Business Office and Financial Aid Office to understand the financial impact of withdrawing prior to initiating the withdrawal process.

Tuition adjustments are independent from academic and financial aid deadlines. Upon receiving a request for withdrawal, using the number of lessons submitted as compared to the total due, a refund of tuition is made according to the following guideline.

On or before the first day of the enrollment period\* 100%

After the first lesson through 10% of the enrollment period 90%

After the first 10% through the first 25% of the enrollment period 50%

After the first 25% of the enrollment period 0%

\*Enrollment is measured by the number of assignments to be submitted during a six-month period of time, as determined by the University, during which semester credits are earned toward graduation.



The refund/repayments shall be calculated using the percentages noted above as determined using the number of assignments completed and the number of assignments yet to be submitted.

For example, if a student submitted 2 of 17 assignments, they completed 11.76% of the class assignments. The student would be refunded 50% of the tuition cost.

For students from Wisconsin, Maryland, Georgia, Oregon, or Arizona, state laws apply.

Students who withdraw from a course prior to submitting the first assignment, or who are administratively withdrawn for non-submission of assignments, will be charged an administrative fee of \$99.

Course withdrawal may impact financial aid eligibility. A financial aid counselor is available to discuss this decision.

Upper Iowa University is required to use a pro rata schedule to determine the amount of Title IV aid the student has earned at the time of withdrawal. If financial aid funds have been released to the student because of a credit balance on the student's account at Upper Iowa University, the student may be required to repay some or all of the amount released to the student. This policy is subject to federal regulations. Contact the Financial Aid Office for details.

Withdrawing from a course in progress may result in significant student account charges. Consult with the Business Office before withdrawing. For more information on financial aid implications, go to [uiu.edu/financialaid](http://uiu.edu/financialaid).

### **Administrative Withdrawal (AW)**

A grade of AW (administrative withdrawal) is recorded for any course from which a student is administratively withdrawn. At least one complete assignment/unit must be received and verified by the instructor within the first 60 days of the enrollment period or the student will be administratively withdrawn from the course. Students who are administratively withdrawn for non-submission of assignments, will be charged an administrative fee of \$99. Non-Attendance (NA): Never attended grades are not applicable to the Self-Paced Degree Program.

### **Academic Accommodations**

It is the policy of Upper Iowa University to ensure equal access to educational and co-curricular activities to students with disabilities as mandated by the Americans with Disabilities Act Amendments Act (ADAAA) and Section 504 of the Rehabilitation Act of 1973. A student seeking accommodations should contact the Director of Student Accessibility Services as early in the session as possible. In order to receive accommodations, students are required to disclose their disability to the Director by completing an application for services that can be found on the Student Accessibility Webpage. The Application Packet for New Students can be found here:

<https://uiu.edu/experience/student-accessibility-services> In addition to the application packet, the student is required to submit supporting documentation. Submit these to the Student Accessibility Services Office either in person or by email/Fax. A brief interview, in-person, by phone or virtually, with the Director will confirm or deny the accommodations requested. The Student Accessibility Services Office will email accommodation letters to the appropriate professor, the student, and the student's advisor. Additionally, students should work cooperatively with their instructors throughout the session to make sure that their accommodations are appropriate and effective.

Contact the Director at (563) 425-5949, [accessibility@uiu.edu](mailto:accessibility@uiu.edu) or stop by the office on the 2nd floor of the Student Center, Office of Student Life, Room 229.

## Academic Misconduct Policy

Cheating, academic dishonesty, and plagiarism constitute a violation of the offender's own integrity, as well as the integrity of the entire University; they will not be tolerated. Violators will receive sanctions based on the level of academic misconduct.

**Cheating** includes, but is not limited to:

- The use of unauthorized books notes or other sources in the giving or securing of help in an examination or other course assignments.
- The copying of other students' work or allowing others to copy your work. The submission of work that is not your own or allowing others to submit your work as theirs.
- The submission of the same work for two or more classes without the approval of instructors involved.

**Academic dishonesty** includes, but is not limited to:

- Sharing academic materials knowing they will be used inappropriately.
- Accessing another person's work without permission.
- Providing false or incomplete information on an academic document.
- Changing student records without approval.
- Obtaining and using texts or other materials intended for instructor use only.

**Plagiarism** includes, but is not limited to:

- The presentation of another's published or unpublished work as one's own.
- Taking words or ideas of another and either copying them or paraphrasing them without proper citation of the source.
- Using charts, graphs, statistics or tables without proper citation.

## Levels of Academic Misconduct and Sanctions

The faculty member teaching the course has the primary responsibility for resolving allegations of academic dishonesty, though egregious violations will be resolved by the School administration, the Academic Misconduct Board, or some combination thereof. The final decision on the level of a violation rests with the Academic Misconduct Board. Options for resolving an alleged case of academic dishonesty range from dismissing the allegation with no negative sanction to being expelled from the university ([Academic Misconduct Policy: Table 1](#)). A negative sanction is defined as an action taken by the faculty member that affects the student's grade for the assignment or his or her cumulative grade for the course. Anytime academic misconduct is detected, the procedures outlined in [Academic Misconduct Policy: Table 1](#) should be followed. The incident will be maintained in a searchable database maintained by the Office of Academic Affairs.

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## Copyright Statement

In recognition of the Copyright Law of the United States (Title 17, United States Code), Upper Iowa University reminds both faculty members and learners that a willful infringement of the law may result in disciplinary action. The University library has available materials discussing the "fair use" concept, along with criteria and guidelines for reproduction and use of copyrighted materials.

**This syllabus is subject to change.**

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