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## Self-Paced Degree Program

PSY 332-WA Personality

Web-Based Course Syllabus

### Instructor Information

**Instructor Name:** [Lisa Nason ]

**UIU faculty email:** [nasonl@uiu.edu ]

**Telephone Number:** [Home: (608) 723-4806 (between 9 AM and 8 PM CST). I can usually return a phone call in 24 hours. Please leave a message if necessary.]

**Availability:** [Email is *my preferred method of communication*. I check my UIU email every day and you can expect a response to an email within 72 hours (and most of the time, much quicker). I check my UIU email once a day, unless I'm out of the area or I'm out due to an emergency.

Email works well because you can list your questions and I can get back to you after referencing notes if necessary. However, if you feel as if you would like to talk, we can set up time for a phone appointment or FaceTime, if you are able to use that technology.

If you need to contact Upper Iowa University, please call the toll free number: (800)553-4150]

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### Course Description

**Credits:** 3 semester credits

**Catalog Course Description:** A survey of the major theories of the nature and development of personality.

**Prerequisites:** PSY 190

**Session Information:** Refer to myUIU for your official term enrollment period.

You have six months from the beginning date of your enrollment to complete this course. You should start working on your course immediately upon enrollment and be prepared to submit unit one (1) within the first 60 days of the enrollment period to avoid a potential administrative withdrawal.

### Credit Hours:

As a requirement of HLC Accreditation, all UIU courses, regardless of meeting schedule or instructional mode, follow the Federal Credit Hour Definition. As such, each credit hour earned at UIU is equivalent to a minimum of 45 hours of student engagement.

For more information on how specific instructional modes meet this requirement, please see *UIU's Policy Guidelines for Instructional Time Expectations*: [UIU Policies](#).

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## Course Materials

It is the student's responsibility to make sure she/he has access to all required course materials by the start of the session.

### Ordering Textbooks

You may purchase your textbooks through MBS Direct: Toll free: (800) 325-3252. Please refer to this website for specific textbook information <http://bookstore.mbsdirect.net/uiu.htm>

### Required Textbook:

Engler, B. (2014). *Personality theories* (9<sup>th</sup> Ed.). California: Wadsworth. ISBN:  
978-1-285-08880-8

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## Course Objectives

1. Explain the major theories in personality.
  2. Evaluate the ethical standards and issues in personality assessment.
  3. Identify the scientific research methodology employed in the study of personality.
  4. Investigate the psychophysical systems that create characteristic patterns of behavior, thoughts, and feelings.
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## Program Student Learning Outcomes

### Psychology

3. Program Outcome: Knowledge Base in Psychology
  - SLO: Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology enabling them to better understand and apply psychological principles to personal, social, and organizational issues.

## Course Expectations

Refer to myUIU for your official enrollment term and enrollment period.

*Email:* You are required to use your official UIU issued email account.

*Computer and Internet:* You are responsible for ensuring that you have a reliable up-to-date computer, updated virus protection, and Internet connection to access the course materials and complete course activities. You need to make alternate arrangements in case of unexpected computer and Internet problems.

*Backup:* Remember to regularly back up course files to avoid data loss in the event of hardware failure or user error.

You have six months from the date of your enrollment to complete this course. You should begin work on the course immediately upon enrollment and start submitting lessons for grading and evaluation in

a timely manner. If no course work has been received by the instructor within the first 60 days, an administrative withdrawal will be processed.

## Grades & Feedback

I will post grades in the Gradebook within seven days after submission of an assignment. I generally am able to respond to student emailed questions within three days.

If I need to be away from my desk due to an emergency and can't meet the goals listed above, I'll try my very best to get an announcement posted on the home page for our course, letting you know this. In addition, I would make major efforts to get in touch with staff at the Self-Paced Degree Program office so they would probably know as well.

Since you are taking an upper level Psychology course, I'll assume that your writing skills are already good. I don't expect you to write like professional authors, but I do expect that you already possess good, *basic* English skills. I hope to see work that is ***mostly free from spelling errors and problems with grammar***. In addition, I need you to carefully proofread and use academic language whenever possible (see the Purdue OWL's APA Stylistic Basics and/or check a Writing Composition textbook, if you are unsure). If you struggle in this area, ***please get assistance from someone who already has excellent English skills***. In the past, students have worked with Administrative Assistants, High School English teachers and others. ]

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## Course Requirements and Grading Criteria

The course consists of 4 units. All course materials will be available and all work should be turned in for grading. You should not go onto another Unit without completion of the prior unit. Even though you do not attend a regular classroom in the traditional sense and keep up with a set schedule of assignments, it is important to maintain a regular schedule, if possible, to complete all course work. It is too easy to set work aside and decide to do it later.

### Assignments:

#### Student Autobiography

Student Autobiography is the first assignment in Unit 1. This assignment is graded and worth 20 points. Since we may never have the opportunity to meet face to face, I would like to know a little bit about you. Please provide the following information and tell me about yourself (i.e. - your educational aspirations, employment, family, hobbies). Submit this autobiography along with your other assignments in 'Unit 1'.

#### Essay Questions:

There are 32 essay questions, eight for each Unit (1-4). Each essay question is worth 15 points.

Please use Times, Times New Roman, or Courier font in 12 points. Plan to submit a minimum of 3-4 paragraphs, or one page in length (***approximately 250 words***) typed and double spaced.

Please use APA citations and References in your essays. In addition, please only use your textbook for essays. Don't use an outside source; you'll have a chance to use outside academic sources for the paper.

### Life Narrative Assignment (25 points)

Due with the Unit 1 assignments, each student will write their own life narrative. Erikson used psychohistories to examine the lives of significant people, and McAdams emphasizes defining the self through a personal story. You can deepen your own self-understanding by understanding your own life narrative.

In a **minimum** of 3 pages (using one inch margins with a 12 point font of Times, Times New Roman or Courier – approximately 750 words) answer the following questions:

1. Everyone has a favorite story they like to tell about themselves. What is yours? What is the one story that you tend to tell most often when meeting, or becoming acquainted with new people?
2. Why do you select that story to share and what is it about that story that is so compelling?
3. What is the predominant tone and theme of the story?
4. Is it a somber story or funny? Explain.
5. Is it action-oriented or self-reflective? Explain.
6. What are you hoping to convey about yourself in the telling of this story?
7. Why is it such an important story to you?

### Theory Compare/Contrast Paper (75 points)

Each chapter details a different approach to personality. Select two theories for a compare and contrast paper due with the Unit 3 assignments.

For each theory:

1. Detail the basic tenants of the theory
2. How is/was assessment approached?
3. Overview of the research findings on this theory and its importance to the field of personality psychology
4. General strengths and weaknesses of the theory

Then you will

4. Compare and contrast the two theories.
  - a. How do they differ in their approach to personality?
  - b. Which feels more intuitive to you and why?
  - c.

Each paper must be at least 5 full pages of content (approximately 1200 words) and include a title page and reference list formatted in APA style that are not counted in the 5-page requirement. The paper should be double spaced, using Times, Times New Roman, or Courier 12-point font, and 1-inch margins.

Each research paper **MUST include a minimum of 4 peer reviewed journal articles**. While you may use your textbook or notes as general information sources, you CANNOT count the course materials toward your minimum resource requirements. If you do use your course materials, these must also be cited properly and listed on your reference list. **NO websites, textbooks, or other outside sources are allowed**. You must find peer-reviewed, scientific studies associated with your chosen topic. Any paper not using the appropriate sources will automatically receive a score of zero for the paper.

#### A Note on Resubmissions

Resubmissions in this classroom are not accepted. Students are to carefully and thoughtfully review directions and submit essays and papers that fulfill all the requirements only one time. Make-up work for additional points is not accepted.

As noted in an Announcement in our classroom, it's anticipated that students work their way through the course in a deliberate manner so that they'll retain more. Retaining more information from the course makes you a better professional and that's the long-term goal.

### **Exams:**

#### Proctored Midterm Examination:

There is a Midterm Exam after Unit 2. The exam is open book and consists of 50 multiple choice questions. The Midterm Exam covers Chapters 1-8. You will have 90 minutes to complete each exam.

#### Proctored Final Examination:

There is a Final Exam after Unit 4. The exam is open book and consists of 50 multiple choice questions. The Final Exam covers Chapters 9-17. You will have 90 minutes to complete each exam.

### **GRADING CRITERIA**

The course letter grade will be based on the following grading criteria.

| Activity   | Points     |
|--|------------|
| Student Autobiography                                    | 20         |
| 4 Unit Essay Questions (120 pts. Per Unit x 4 Units=480) | 480        |
| Life Narrative (25 pts)                                  | 25         |
| Theory Compare and Contrast Paper (75 pts.)              | 75         |
| Midterm Exam (50 items /Chs. 1-8 /2 pt. each=100)        | 100        |
| Final Exam (50 items /Chs. 9-17 /2pt. each = 100)        | 100        |
| <b>Total Points</b>                                      | <b>800</b> |

## GRADE SCALE

| Letter Grade | Percent | Points  |
|--------------|---------|---------|
| A            | 93-100% | 744-800 |
| A-           | 90-92%  | 720-743 |
| B+           | 87-89%  | 696-719 |
| B            | 83-86%  | 664-695 |
| B-           | 80-82%  | 640-663 |
| C+           | 77-79%  | 616-639 |
| C            | 73-76%  | 584-615 |
| C-           | 70-72%  | 560-583 |
| D+           | 67-69%  | 536-559 |
| D            | 63-66%  | 504-535 |
| D-           | 60-62%  | 480-503 |
| F            | 0-59%   | 0 – 479 |

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## Course Schedule

Course units and exams should be completed in the order they are shown below. Completing units/exams out of sequence could result in a loss of points and a reduced grade.

The appropriate unit cover sheet must be included with your assignment.

| Unit          | Topics of Study   | Activities  | Assessments   |
|---------------|---|---|---|
| <b>Unit 1</b> | <b>Chapter 1</b><br>Introduction: Evaluating Personality Theories<br><br><b>Chapter 2</b><br>Psychoanalysis<br><br><b>Chapter 3</b><br>Analytic Psychology<br><br><b>Chapter 4</b><br>Interpsychic Theories | <b>Review your syllabus</b><br><br><b>Read:</b><br>About Your Instructor<br><br><b>Chapters 1, 2, 3, and 4</b><br><br>Formulate a timeline for the course | <b>Unit 1:</b><br><br><b>Student Autobiography</b><br><br>Essay Questions<br><br><b>Life Narrative Assignment</b> |

| Unit           | Topics of Study  | Activities  | Assessments  |
|----------------|--|---|--|
| <b>Unit 2</b>  | <b>Chapter 5</b><br>Psychoanalytic Social Psychology<br><br><b>Chapter 6</b><br>Ego Analytic Psychology<br><br><b>Chapter 7</b><br>Human Relations<br><br><b>Chapter 8</b><br>Experimental Analysis of Behavior  | <b>Read</b><br><br><b>Chapters 5, 6, 7, and 8</b><br><br>Review your timeline, confirm you are on schedule        | <b>Unit 2</b><br><br>Essay Questions   |
| <b>MIDTERM</b> | <b>Midterm Chapters 1-8</b>  | <b>50 Multiple Choice Questions 2 pts. each</b>   |  |
| <b>Unit 3</b>  | <b>Chapter 9</b><br>Social Learning Theories<br><br><b>Chapter 10</b><br>Traits and Personology<br><br><b>Chapter 11</b><br>Factor Analytic, Genetic, and Evolutionary Theories<br><br><b>Chapter 12</b><br>Biological Traits<br><br><b>Chapter 13</b><br>Humanism | <b>Read</b><br><br><b>Chapters 9, 10, 11, 12, and 13</b><br><br>Review your timeline, confirm you are on schedule | <b>Unit 3</b><br><br>Essay Questions<br><br><b>Theory Compare and Contrast Paper</b> |
| <b>Unit 4</b>  | <b>Chapter 14</b><br>Existential Psychoanalysis<br><br><b>Chapter 15</b><br>Personal Constructs<br><br><b>Chapter 16</b><br>Cognitive-Behavioral Theories<br><br><b>Chapter 17</b><br>Zen Buddhism   | <b>Read</b><br><br><b>Chapter 14, 15, 16, and 17</b><br><br>Review your timeline, confirm you are on schedule     | <b>Unit 4</b><br><br>Essay Questions   |
| <b>FINAL</b>   | <b>Final Exam Chapters 9-17</b>  | <b>50 Multiple Choice Questions 2 pts. each</b>   |  |

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## Course Expectations

### Email

Upper Iowa University employees and students are issued an UIU email account. University email communications will only be sent to UIU email address. Faculty and staff are not obligated to respond to students using non-UIU email accounts.

### Professional Writing and Speaking Guidelines

Communications in class and online should follow the Student Conduct and Discipline, Respect for the University Environment, and Code of Student Responsibility in the [Student Handbook](#) (pg. 20 and 21). Respect the opinions of others using appropriate language and communications.

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## University Policies

### Library Resources

As a student of Upper Iowa University, library resources (online journal databases, e-books, newspaper access, citation help, etc.) are available. If travel to the campus is not feasible, you can access the library through the University's website. Go to: [www.uiu.edu/library](http://www.uiu.edu/library). If you need assistance locating information or using the library's resources, please contact the library at [library@uiu.edu](mailto:library@uiu.edu), Phone: 563-425-5270.

To use any of the materials listed on the site, you can log in using your myUIU username and password. If you need help with your myUIU login credentials, please contact the UIU Help Center Desk at [helpdesk@uiu.edu](mailto:helpdesk@uiu.edu), Phone: 563-425-5876.

### Course Withdrawal (W)

If you wish to withdraw prior to the last day of the enrollment period you must contact your advisor by phone or in writing. After your original six-month enrollment period, you no longer have the option to withdraw from the course. You must finish the course or have a final grade assigned based on the coursework submitted. Please contact the financial aid office if you have questions about course withdrawal's effect on your financial aid award.

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## REFUND POLICY

Upon receiving a written or phone request for withdrawal, using the date of the request, a refund of tuition is made according to the guidelines listed below.

|  |      |
|--|------|
| On or before the first day of the enrollment period*               | 100% |
| After the first lesson through 10% of the enrollment period        | 90%  |
| After the first 10% through the first 25% of the enrollment period | 50%  |
| After the first 25% of the enrollment period                       | 0%   |

\*An enrollment period is defined as a number of units to be submitted during a six-month period of time. The refund/repayments shall be calculated using the percentages noted above. The percentages

are determined by the number of units/exams completed as compared to the total number of units/exams required for the course.

### **Administrative Withdrawal (AW)**

A grade of AW (administrative withdrawal) is recorded for any course from which a student is administratively withdrawn. At least one complete unit must be submitted to the instructor within the first 60 days of the enrollment period or the student will be administratively withdrawn from the course.

Students who withdraw from a course prior to submitting the first unit or who are administratively withdrawn for no submission of units will be charged an administrative fee of \$99.

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### **INCOMPLETE/EXTENSION**

Students who are enrolled in self-paced courses will be allowed to request one four-month extension and receive an 'I' (incomplete grade) at the end of their original six month enrollment period if:

- A minimum of one assignment has been received for grading per guidelines **AND**
- All course units and exams are not completed and submitted **OR**
- A course withdrawal has not been initiated

Incomplete grade details:

- When the extension is granted and an incomplete grade is issued, the student will receive a four-month enrollment period to complete the course.
- Students do not have the option to withdraw from a course after the initial six-month enrollment period.
- An 'I' grade posted to the student's official record will be replaced with a final letter grade; however, the incomplete will remain on the official transcript as a notation.
- If the course is not completed by the end of the incomplete/extension period, the instructor will assign a final grade (A-F) based on work completed in relation to the total course requirements.
- After that point, only re-enrolling and repeating the course in its entirety may earn credit.

**Note: Students are not reported as enrolled during the incomplete/extension period and are not eligible for student loan deferment.**

The fee for a self-paced extension is \$99 per course. To request an extension, the "Self-Paced Course Extension Request" form must be completed and returned to the Self-Paced department. The form can be found at <https://my.uiu.edu> (Academics Tab under Student Forms). The request for an extension and payment must be submitted no earlier than one month before the end of the course and no later than a week before the end of the course. Please see page 40 of the Academic Catalog for more information regarding the Incomplete/Extension guidelines. **If you do not request and pay for an extension, a final grade will be issued for the course based on coursework received by the original course end date.**

If you do not wish to use the extension option and will not be able to finish your Self-Paced class by the original six-month end date, you can submit a course withdrawal form before the course end date if you wish to withdraw from the course. The number of lessons submitted as compared to the total due determines the amount of the course refund. Please see page 38 of the Academic Catalog for more information on the refund policy.

### **Academic Accommodations**

It is the policy of Upper Iowa University to ensure equal access to educational and co-curricular activities to students with disabilities as mandated by the Americans with Disabilities Act Amendments Act (ADAAA) and Section 504 of the Rehabilitation Act of 1973. A student seeking accommodations should contact the Director of Disability Services (DDS) as early in the session as possible. In order to receive accommodations, students must disclose their disability to the DDS by completing a *Voluntary Disclosure Form*, as well as providing appropriate documentation.

The *Voluntary Disclosure Form* is available in the DDS office or online at [Disability Services](#). Students will be given a *Request for Accommodations Contract* during their initial appointment with the DDS.

**This appointment will be in person for Fayette campus students and over the phone for center, online, and self-paced students.** It is the student's responsibility to provide the instructors with a copy of the *Request for Accommodations Contract* (for Center or online students, these contracts are emailed out to instructors by the DDS for the student). Additionally, students should work cooperatively with their instructors throughout the session to make sure that appropriate accommodations are being made. You can contact the DDS at (563) 425-5949, [disabilityservices@uiu.edu](mailto:disabilityservices@uiu.edu), or stop by the office in the Student Center, Office of Student Life, Room 229.

### **Academic Misconduct Policy**

Cheating, academic dishonesty, and plagiarism constitute a violation of the offender's own integrity, as well as the integrity of the entire University; they will not be tolerated. Violators will receive sanctions based on the level of academic misconduct.

**Cheating** includes, but is not limited to:

- The use of unauthorized books notes or other sources in the giving or securing of help in an examination or other course assignments.
- The copying of other students' work or allowing others to copy your work. The submission of work that is not your own or allowing others to submit your work as theirs.
- The submission of the same work for two or more classes without the approval of instructors involved.

**Academic dishonesty** includes, but is not limited to:

- Sharing academic materials knowing they will be used inappropriately.
- Accessing another person's work without permission.
- Providing false or incomplete information on an academic document.
- Changing student records without approval.
- Obtaining and using texts or other materials intended for instructor use only.

**Plagiarism** includes, but is not limited to:

- The presentation of another's published or unpublished work as one's own.
- Taking words or ideas of another and either copying them or paraphrasing them without proper citation of the source.
- Using charts, graphs, statistics or tables without proper citation.

### **Levels of Academic Misconduct and Sanctions**

The faculty member teaching the course has the primary responsibility for resolving allegations of academic dishonesty, though egregious violations will be resolved by the School administration, the Academic Misconduct Board, or some combination thereof. The final decision on the level of a violation rests with the Academic Misconduct Board. Options for resolving an alleged case of academic dishonesty range from dismissing the allegation with no negative sanction to being expelled from the university ([Academic Misconduct Policy: Table 1](#)). A negative sanction is defined as an action taken by the faculty member that affects the student's grade for the assignment or his or her cumulative grade for the course. Anytime academic misconduct is detected, the procedures outlined in [Academic Misconduct Policy: Table 1](#) should be followed. The incident will be maintained in a searchable database maintained by the Office of Academic Affairs.

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### **Copyright Statement**

In recognition of the Copyright Law of the United States (Title 17, United States Code), Upper Iowa University reminds both faculty members and learners that a willful infringement of the law may result in disciplinary action. The University library has available materials discussing the "fair use" concept, along with criteria and guidelines for reproduction and use of copyrighted materials.

This syllabus is subject to change.

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