



Course Syllabus

PSY 302 - Substance Abuse

The session begins on the 1st day of the enrollment month and ends on the last day of the 6th month.

Instructor Information

Instructor Name: Rich Zeis
UIU Faculty Email: zeisf@uiu.edu
Telephone Number: 3194484414
Availability: Mon-Sat 6:00am - 7:00pm Central (Mornings Best)

Course Description

Semester Credits: 3

Catalog Course Description: Delving into the effects and treatment of psychoactive drug use, Substance Abuse analyzes the origins of addiction, characteristics of abusers, and the broader social consequences. This comprehensive approach equips students with the knowledge to understand and address various facets of substance abuse and recovery.

Prerequisites: SOC 110 or PSY 190

Credit Hour Policy: As a requirement of HLC Accreditation, all UIU courses, regardless of meeting schedule or instructional mode, follow the Federal Credit Hour Definition. As such, each credit hour earned at UIU is equivalent to a minimum of 45 hours of student engagement.

For more information on how specific instructional modes meet this requirement, please see UIU's Policy Guidelines for Instructional Time Expectations: [UIU Policies](#).

Drugs: Mind, body, and society

Rosenthal, M. (2019). *Drugs: Mind, body, and society*. New York: Wadsworth. ISBN: 9780199949113

Course Outcomes

- Students will be able to understand the historical, biological, sociological, and psychological dimensions of addiction.
- Students will be able to develop an understanding of the effects of substances, and treatment programs.
- Students will be able to recall and classify the major substance categories.
- Students will be able to identify ethical and legal issues related to substance use and addictions.

Program Student Learning Outcomes

- 3. Program Outcome: Knowledge Base in Psychology o SLO: Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology enabling them to better understand and apply psychological principles to personal, social, and organizational issues.

General Education Assessment

Upper Iowa University is committed to ensuring that all undergraduate students participating in its general education program receive a broad education, while gaining essential professional skills across multiple disciplines. The Peacock Professional Experience provides nine learning outcomes, each of which articulates a specific skill students should gain, and are supported by knowledge provided by the courses students choose to take within the guidelines of the program. The outcome assessed in this

course is the last outcome listed under Course Outcomes.

Course Requirements and Grading Criteria

Course Requirements

The course consists of 4 units. All course materials will be available and all work should be turned in for grading. You should not go onto another Unit without completion of the prior unit. Even though you do not attend a regular classroom in the traditional sense and keep up with a set schedule of assignments, it is important to maintain a regular schedule, if possible, to complete all course work. It is too easy to set work aside and decide to do it later.

Assignments:

Student Autobiography

Student Autobiography is the first assignment in Unit 1. This assignment is graded and worth 20 points. Since we may never have the opportunity to meet face to face, I would like to know a little bit about you. Please provide the following information and tell me about yourself (i.e. - your educational aspirations, employment, family, hobbies). Submit this autobiography along with your other assignments in 'Unit 1'.

Essay Questions

There are 32 essay questions, eight for each Unit (1-4). Each essay question is worth 15 points. Each question response should be a minimum of 3-4 paragraphs, or one page in length, typed and double spaced.

Drug Treatment Research Paper

In Unit 3, you will submit a 9-10 page Research Paper (that includes title page, abstract, and reference list; body of paper is 6-7 pages) in which you will evaluate a specific drug treatment program. There are many programs to choose from including residential treatment (in-patient), outpatient, local support groups, extended care centers, recovery or sober houses, addiction counseling, mental health, holistic approaches to substance abuse treatment, and many others. Some rehab centers offer age- and gender-specific programs, Therapeutic Communities, Chemical Dependency Programs, Private Hospital Drug Treatment programs, Alcoholics Anonymous, Narcotics Anonymous, The Minnesota Model, Rational Recovery, Secular Organization for Sobriety, Moderation Management, etc., etc. This paper will be submitted along with your Unit 3 Assignments. The paper should include the following sections: Follow the outline below to format your paper (using proper APA format throughout): Title Page Abstract (this heading should be centered, not bolded).

After the title page, your abstract will start on the top of page 2 and will be a maximum of 150 words. Although, the abstract is on page 2, it is the last part of paper to be written as it is a brief summary (main points) of your entire paper. This is written in general terms leaving the specifics for later.

Introduction (this heading should be centered and bolded) starts at the top of page 3 on the first page of your content.

- **Opening paragraph**
 - Begin the paper with an introductory paragraph which includes an explicit thesis statement.
 - Should be a clear statement providing focus of the topic to be discussed in your paper.

Review of literature (ROL) on the topic

- **This is a review of the specific treatment program you will be evaluating. Include four sources in your review (each of these articles must be from peer-reviewed journals). All of these articles should be summarized with enough depth so the reader understands how the treatment program is run. This section should give factual information concerning the programs. You are laying the foundation for the reader and when completed it should be clear how the treatment program is accomplished.**
- **All in-text citations must be presented using APA format. Be sure to include each in the reference section as well.**
- **Provide a transition paragraph leading reader into discussion section**

Objective of the rest of the paper should be clarified here.

Discussion (this heading should be centered and bolded)

- **This section allows you to give your opinions as to why or how a particular program is effective or not. You may determine it is better for a particular type of client. Much flexibility is given here but your analysis must be clear and to the point. Give evidence as to why you feel the way you do.**
- **Evaluate the advantages and disadvantages of the treatment program related to the following:**
 - **Resistance from clients. You may determine the program is better for a particular type of client; less resistance, etc. Give evidence as to why you feel the way you do.**
 - **Relapse issues**
 - **Can program be applied to the real world? If applicable, discuss potential problems it might have in transferring from the artificial setting (for example, a 24/7 detox facility) to the applied setting.**
 - **Other pros and cons of this treatment program?**
 - **Include two media reports (magazine, newspaper, or Internet articles) that support your views. Compare/contrast these articles with ROL (journal articles).**

Conclusion paragraph

- **Finish this section with final words stating how information contained in this paper is important insofar as applied value is concerned emphasizing what the take-away message is. Your overall opinion.**

Note: Besides the main heading of Discussion (centered), also include subheadings (flush left) forth is section. For example, possible subheadings might be: Advantages/Disadvantages, Compare/Contrast, Conclusion, etc. However, other ways of breaking this section down are possible. Use your best judgement insofar as presenting in a way that makes it easy for the reader to follow.

References (centered, not bolded)

APA Format:

Include a minimum of six scholarly, professional sources in your paper (at least four must be from peer-reviewed journals; the other two can be from reputable websites (i.e. .gov or .org websites), but no newspapers, magazines, blogs or other questionable sources are allowed.

You cannot use your textbook as a source; however, you can use textbook to help locate original articles.

QUESTIONS & FEEDBACK

I will post grades in the Grade book within seven days after submission of an assignment. If there is a delay, please call Upper Iowa University. After receiving the graded unit, review and contact me immediately with any questions.

Grading Criteria

Criteria	Points Percentage
Student Autobiography	20
4 Unit Essay Questions (120 pts. Per Unit x 4 Units=480)	480
Drug Treatment Research Paper (100 pts.)	100
Midterm Exam (50 items /Chs. 1-9 /2 pt. each=100)	100
Final Exam (50 items /Chs. 10-18 /2pt. each = 100)	100
Total Points	800

Grading Scale

Letter Grade	Points / Percentage
A	744-800 / 93-100%
A- (minus)	720-743 / 90-92%
B+	696-719 / 87-89%
B	664-695 / 83-86%
B- (minus)	640-663 / 80-82%
C+	616-639 / 77-79%
C	584-615 / 73-76%
C- (minus)	560-583 / 70-72%
D+	536-559 / 67-69%
D	504-535 / 63-66%
D- (minus)	480-503 / 60-62%
F	0 – 479 / 0-59%

Grades and Feedback

All graded work available must be posted in the uiuLearn Gradebook by Sunday at 11:59pm (CT) one week prior to the course drop date, as well as posted by Sunday at 11:59 pm prior to the final week.

Turnitin

Turnitin is a tool for both teachers and students to ensure academic integrity by checking the originality of submitted papers to avoid issues of plagiarism and academic dishonesty.

Students should be aware that Turnitin scans submitted work and compares it to ALL other sources on file.

Extension Policy

Students will be allowed to request an extension and receive an 'X' (extension grade) at the end of their original six-month enrollment period if:

- A minimum of one assignment has been received for grading per guidelines AND
- All course units and exams are not completed and submitted OR
- A course withdrawal has not been initiated.

Note: The fee for a self-paced extension is \$99 per course. The request for an extension must be submitted no earlier than one month before the end of the course and no later than a week before the end of the course.

Extension grade details

- When the extension is granted and an “X” grade is issued, the student will receive a four-month enrollment period to complete the course.
- Students do not have the option to withdraw from a course after the initial six-month enrollment period.
- An ‘X’ grade posted to the student’s official record will be replaced with a final letter grade; however, the extension will remain on the official transcript as a notation.
- If the course is not completed by the end of the extension period, the instructor will assign a final grade (A-F) based on work completed in relation to the total course requirements.
- If credit is not earned by the end of the extension period, students can re-enroll and repeat the entire course for credit.

Note: Students are not reported as enrolled during the extension period and are not eligible for student loan deferment. No more than one extension will be granted.

Course Schedule

Unit	Topics of Study	Activities	Assessments
Unit 1	Chapter 1	Review your packet	Unit 1: Student Autobiography Essay Questions
	Drugs: Mind, Body, and Society	Read:	
	Chapter 2	About Your Instructor	
	Drug Laws and Policies	Chapter 1, 2, 3, and 4	
	Chapter 3	Formulate a timeline for the course	
	The Nervous System		

	Chapter 4 Pharmacology: How Drugs Work		
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Unit	Topics of Study	Activities	Assessments
Unit 2	Chapter 5 Stimulants: Cocaine and Amphetamine	Read Chapters 5, 6, 7, 8, & 9	Unit 2 Essay Questions
	Chapter 6 Hallucinogens	Review your timeline, confirm you are on schedule	
	Chapter 7		
	Opioids		
	Chapter 8		
	Sedatives, Hypnotics, and Inhalants		
	Chapter 9 Marijuana		
MIDTERM	Chapters 1-9	50 Multiple Choice Questions 2 pts. each	
Unit 3	Chapter 10 Tobacco Chapter 11 Caffeine	Read Chapters 10, 11, 12, 13, & 14	Unit 3 Essay Questions Drug Treatment Research Paper

	Chapter 12 Alcohol Chapter 13 Drugs for Treating Psychological Disorders Chapter 14 Performance-Enhancing Drugs	Review your timeline, confirm you are on schedule	
Unit 2	Chapter 5 Stimulants: Cocaine and Amphetamine	Read Chapters 5, 6, 7, 8, & 9	Unit 2
	Chapter 6 Hallucinogens	Review your timeline, confirm you are on schedule	
	Chapter 7		
	Opioids		
	Chapter 8		
	Sedatives, Hypnotics, and Inhalants		
	Chapter 9 Marijuana		
MIDTERM	Chapters 1-9	50 Multiple Choice Questions 2 pts. each	

Unit 3	Chapter 10	Read	Unit 3 Essay Questions Drug Treatment Research Paper
	Tobacco	Chapters 10, 11, 12, 13, & 14	
	Chapter 11		
	Caffeine		
	Chapter 12	Review your timeline, confirm you are on schedule	
	Alcohol		
	Chapter 13		
Unit 4	Chapter 15	Read	Unit 4 Essay Questions
	Over-the-Counter (OTC) Drugs	Chapter 15, 16, 17, & 18	
	Chapter 16		
	Sex and Reproductive Drugs	Review your timeline, confirm you are on schedule	
	Chapter 17		

	Problematic Drug Use and Addiction		
	Chapter 18		
	Prevention and Treatment of Drug Use and Abuse		
FINAL	Chapters 10-18	50 Multiple Choice Questions 2 pts. each	

Course Expectations

Email

Upper Iowa University employees and students are issued a UIU email account (doej@uiu.edu). University email communications will only be sent to UIU email address. Faculty and staff are not obligated to respond to students using non-UIU email accounts.

Technology Requirements

Reliable internet and computer

Professional Writing and Speaking Guidelines

Communications in class and online should follow the Student Conduct and Discipline, Respect for the University Environment, and Code of Student Responsibility in the [Student Handbook](#). Respect the opinions of others using appropriate language and communications.

University Policies

Withdrawal (W)

If a student decides to withdraw from a course before the end of an enrollment period, the student's charges, financial aid, tuition assistance, and/or veteran benefits could be affected. All students should consult with the Business Office and Financial Aid Office to understand the financial impact of withdrawing prior to initiating the withdrawal process.

Students who have registered for this course through our partnership are required to follow the withdrawal policy outlined on the partnership website. Please refer to the partnership site for official withdrawal procedures and deadlines.

Tuition adjustments are independent from academic and financial aid deadlines. Upon receiving a request for withdrawal, using the number of lessons submitted as compared to the total due, a refund of tuition is made according to the following guideline.

On or before the first day of the enrollment period* 100%

After the first lesson through 10% of the enrollment period 90%

After the first 10% through the first 25% of the enrollment period 50%

After the first 25% of the enrollment period 0%

***Enrollment is measured by the number of assignments to be submitted during a six-month period of time, as determined by the University, during which semester credits are earned toward graduation. The refund/ repayments shall be calculated using the percentages noted above as determined using the number of assignments completed and the number of assignments yet to be submitted.**

For example, if a student submitted 2 of 17 assignments, they completed

11.76% of the class assignments. The student would be refunded 50% of the tuition cost.

For students from Wisconsin, Maryland, Georgia, Oregon, or Arizona, state laws apply. For students enrolled through the cpacredits.com program, no refund is allowed after the first two weeks.

Students who withdraw from a course prior to submitting the first assignment, or who are administratively withdrawn for non-submission of assignments, will be charged an administrative fee of \$99.

Course withdrawal may impact financial aid eligibility. A financial aid counselor is available to discuss this decision.

Upper Iowa University is required to use a pro-rata schedule to determine the amount of Title IV aid the student has earned at the time of withdrawal. If financial aid funds have been released to the student because of a credit balance on the student's account at Upper Iowa University, the student may be required to repay some or all of the amount released to the student. This policy is subject to federal regulations. Contact the Financial Aid Office for details.

Withdrawing from a course in progress may result in significant student account charges. Consult with the Business Office before withdrawing. For more information on financial aid implications, go to [uiu.edu/financial aid](http://uiu.edu/financialaid).

Administrative Withdrawal (AW)

A grade of AW (administrative withdrawal) is recorded for any course from which a student is administratively withdrawn. At least one complete assignment/unit must be received and verified by the instructor within the first 60 days of the enrollment period or the student will be administratively withdrawn from the course. Students who are administratively withdrawn for non-submission of assignments, will be charged an administrative fee of \$99. Non-Attendance (NA): Never attended grades are not applicable to the Self-Paced Degree Program.

Academic Accommodations

It is the policy of Upper Iowa University to ensure equal access to educational and co-curricular activities to students with disabilities as mandated by the Americans with Disabilities Act Amendments Act (ADAAA) and Section 504 of the Rehabilitation Act of 1973. A student seeking accommodations should contact the Director of Student Accessibility Services as early in the session as possible. In order to receive accommodations, students are required to disclose their disability to the Director by completing an application for services that can be found on the Student Accessibility Webpage. In addition to the application packet, the student is required to submit supporting documentation. Submit these to the Student Accessibility Services Office either in person or by email/Fax. A brief interview, in-person, by phone or virtually, with the Director will confirm or deny the accommodations requested. The Student Accessibility Services Office will email accommodation letters to the appropriate professor, the student, and the student's advisor. Additionally, students should work cooperatively with their instructors throughout the session to make sure that their accommodations are appropriate and effective.

Upper Iowa University (UIU) provides closed captioning/transcriptions in acknowledgment of the Americans Disability Act, Rehabilitation Act, and various state laws. The information displayed is computer generated and not reviewed before being published. UIU makes no representations or warranties and expressly disclaims any responsibility or liability with respect to any errors or omissions in, or the accuracy, reliability, timeliness, or completeness of, any information that appears in a closed caption or transcript.

Contact the Director at (563) 425-5949, accessibility@uiu.edu or stop by the office on the 2nd floor of the Student Center, Office of Student Life, Room 229.

Emergency Directives: (Fire, Natural Disaster, Threat on campus, etc.)

In accordance with Upper Iowa University's emergency management plan, any student that requires assistance in the event of an emergency (Fire, natural disaster, threat on campus) is responsible for notifying their instructor of the need for assistance. (Evacuation, and/or indoor safety protocols) This information will be held confidential and only needed in the unlikely event that there is an emergency.